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**Fundamentals of Chinese Medicine** [Principles of Chinese Medicine](#) **Key Concepts in Traditional Chinese Medicine** *Essentials of Chinese Medicine* [Essentials of Chinese Medicine](#) [The Foundations of Chinese Medicine](#) [The Psyche in Chinese Medicine E-Book](#) [A Comprehensive Guide to Chinese Medicine](#) **Diagnosis in Chinese Medicine** **Classical Chinese Medicine** **Traditional Chinese Medicine Made Easy!** **The New Chinese Medicine Handbook** [Complete Book of Chinese Medicine](#) [Diagnosis in Chinese Medicine](#) *Chinese Nutrition Therapy* **Principles of Traditional Chinese Medicine** *Traditional Chinese Medicine* **The Essential Book of Traditional Chinese Medicine** [Chinese Medicine and Healing](#) [Healing Your Eyes with Chinese Medicine](#) **The Making of Modern Chinese Medicine, 1850-1960** **Living Translation** **Cosmetology in Chinese Medicine** **Routledge Handbook of Chinese Medicine** [Chinese Medicine Men](#) *Principles of Chinese Medicine* *A Materia Medica for Chinese Medicine* [The Politics of Chinese Medicine Under Mongol Rule](#) **The Yellow Emperor's Classic of Medicine** **The Chinese Medicine Companion** **Ancient Wisdom for Modern Health: A Comprehensive Guide to Chinese Medicine** **THE PRINCIPLES OF YI LEARNING OF CHINESE MEDICINE** **Practical Therapeutics of Traditional Chinese Medicine** **Chinese Medicine in Contemporary China** **100 Natural Foods** **Wan's Clinical Application of Chinese Medicine** **Chinese Medical Herbology and Pharmacology** **Essentials of Chinese Materia Medica and Medical Formulas** *Understanding Chinese Medicine* **Essentials of Chinese Medicine**

[The Psyche in Chinese Medicine E-Book](#) Aug 24 2022 THE PSYCHE IN CHINESE MEDICINE comprehensively discusses the treatment of mental-emotional disorders with both acupuncture and herbal medicine. Suitable for practitioners and students of Chinese medicine it discusses first the aetiology, pathology and diagnosis of mental disorders. It explores the nature of the Mind (Shen), Ethereal Soul (Hun), Corporeal Soul (Po), Intellect (Yi) and Will-Power (Zhi) and then presents the diagnosis and treatment of the most common psychological disorders with both acupuncture and Chinese herbs in detail. Specific chapters focus on the treatment of common conditions including depression, anxiety, insomnia, panic attacks, bipolar disorder and Attention Deficit Hyperactivity Disorder. Each condition is illustrated with case histories from the author's 35 years-long practice. Comprehensive discussion of the nature of the Shen, Hun, Po, Yi and Zhi in Chinese medicine The first detailed description of the nature and functions of the Hun (Ethereal Soul) and how that relates to conditions such as depression, bipolar disorders and Attention Deficit Hyperactivity Disorder An entire chapter dedicated to the functions of acupuncture points in the treatment of mental-emotional disorders Case studies that offer realistic insights and understanding to the range of diagnostic and treatment choices the practitioner can make Attractive 2-colour page layout gives easy access and navigation around the text

[Diagnosis in Chinese Medicine](#) Jan 17 2022 Easily accessible and heavily illustrated, this complete guide to diagnosis in Chinese Medicine places an emphasis on "real world" issues. Focusing on clear interpretations of signs and symptoms, it addresses the practice beyond the theory and leads readers through both basic and sophisticated levels of diagnostic interpretation. Since Chinese medicine diagnosis relies on a subtle appraisal of a patient's disharmony, many factors beyond traditional Western symptoms are considered, including a patient's voice, the absence of thirst, feeling hot or cold, the patient's smell, tone of voice, and glitter of eyes. This practical resource helps readers carefully interpret of a range of nuances. Provides a clinical understanding of Traditional Chinese Medicine Offers an unparalleled depth of information that is meticulously cross-referenced Includes all the signs and symptoms, however subtle, that a modern patient may present in the clinic Provides clinical experience and understanding from a leader in the field of Chinese medicine Clearly outlines the decision-making options in key situations to help readers through the most challenging

topics Logically organized so readers can quickly find the information they need in clinical situations

**Classical Chinese Medicine** May 21 2022 The English edition of Liu Lihong's milestone work is a sublime beacon for the profession of Chinese medicine in the 21st century. Classical Chinese Medicine delivers a straightforward critique of the politically motivated "integration" of traditional Chinese wisdom with Western science during the last sixty years, and represents an ardent appeal for the recognition of Chinese medicine as a science in its own right. Professor Liu's candid presentation has made this book a bestseller in China, treasured not only by medical students and doctors, but by vast numbers of non-professionals who long for a state of health and well-being that is founded in a deeper sense of cultural identity. Oriental medicine education has made great strides in the West since the 1970s, but clear guidelines regarding the "traditional" nature of Traditional Chinese Medicine (TCM) remain undefined. Classical Chinese Medicine not only delineates the educational and clinical problems faced by the profession in both East and West, but transmits concrete and inspiring guidance on how to effectively engage with ancient texts and designs in the postmodern age. Using the example of the *Shanghanlun* (Treatise on Cold Damage), one of the most important Chinese medicine classics, Liu Lihong develops a compelling roadmap for holistic medical thinking that links the human body to nature and the universe at large.

Healing Your Eyes with Chinese Medicine Jul 11 2021 Optimal eye health is just around the corner with this guide to treating common eye disorders with acupuncture, herbs, and other tenets of Chinese medicine For the past ten years, Andy Rosenfarb has successfully used acupuncture and Chinese medicine to treat a wide range of eye conditions. His treatments include moxibustion techniques, tuina (massage), microcurrent stimulation, Chinese herbs, and qigong exercises, along with "essential acupuncture" where essential oils are placed on acupuncture points. The culmination of his work—which includes a recent pioneering study involving metabolic testing—is this handbook for healing the kinds of conditions too often considered almost impossibly challenging or irreversible. The first half of *Healing Your Eyes with Chinese Medicine* explains Traditional Chinese Medicine and its perspective on the eyes, which is based on the idea that the eyes and the brain work in tandem, not isolation. The second half focuses on proven methods derived from Rosenfarb's practice, including nutritional, supplemental, and lifestyle adjustments. Individual chapters cover eye disorders such as glaucoma, macular degeneration, retinitis pigmentosa, and many more. This book is intended as a practical manual to help readers understand their eyes and vision more comprehensively, and to learn new, affordable ways for retaining the precious gift of sight.

*Chinese Nutrition Therapy* Dec 16 2021 Kastner's Chinese Nutrition Therapy is an excellent introduction to Chinese dietetics for both, students and practitioners of Chinese medicine. - I wholeheartedly endorse his book. Nigel Wiseman For millennia, the Chinese have taught that a healthy, appropriate diet is an integral part of maintaining good health and healing myriad disorders, from the common cold and morning sickness to heart disease and diabetes. Here, Joerg Kastner demystifies Chinese Dietetics, one of the pillars of Traditional Chinese Medicine, and an ancient method for achieving well being. Joerg Kastner provides an introduction to the principles of Traditional Chinese Medicine and the energetics of foods. Emphasizing a holistic approach throughout, Chinese Nutrition Therapy provides readers with tools for integrating the principles of Chinese dietetics into their daily lives. The book includes a comprehensive classification of more than 300 readily available foods such as vegetables, grains, spices and herbs, fruit, meat, seafood, dairy products, oils and fats, and more. Numerous clinical examples and treatment suggestions artfully combine Western medical conditions with Chinese diagnostic techniques. An essential reference for students and practitioners of Traditional Chinese Medicine, this user-friendly book will also be valued by nutritionists, dieticians, physicians, and anyone interested in living a long and healthy life. Includes A useful overview of the principles of Traditional Chinese Medicine and Chinese Dietetics Descriptions of Chinese Dietetics in practice and discussions of dietary factors, such as seasonal adaptations and differing requirements for children and seniors Practical tips on how to adapt Chinese nutritional therapy to Western products and cooking methods Clinical examples covering the major organ systems A handy A to Z list of common foods and their healing characteristics. Joerg Kastner, M.D., L.Ac., is Head of Acupuncture Education at the Academy for Continuing Medical Education of the State Medical Board of Registration of Westfalen-Lippe, Germany, and is the visiting lecturer of Guangxi College of Traditional Chinese Medicine. He is also the founder and medical director of the Academy for Acupuncture and Traditional Chinese Medicine.

*Traditional Chinese Medicine* Oct 14 2021 A leading authority explains the ideas and practice of Chinese medicine from its beginnings in antiquity to today. Paul U. Unschuld describes medicine's close connection with culture and politics throughout Chinese history. He brings together texts, techniques, and worldviews to understand changing Chinese attitudes toward healing and the significance of traditional Chinese medicine in both China and the Western world. Unschuld reveals the emergence of a Chinese medical tradition built around a new understanding of the human being, considering beliefs in the influence of cosmology, numerology, and the supernatural on the health of the living. He describes the variety of therapeutic approaches in Chinese culture, the history of pharmacology and techniques such as acupuncture, and the

global exchange of medical knowledge. Insights are offered into the twentieth-century decline of traditional medicine, as military defeats caused reformers and revolutionaries to import medical knowledge as part of the construction of a new China. Unschuld also recounts the reception of traditional Chinese medicine in the West since the 1970s, where it is often considered an alternative to Western medicine at the same time as China seeks to incorporate elements of its medical traditions into a scientific framework. This concise and compelling introduction to medical thought and history suggests that Chinese medicine is also a guide to Chinese civilization.

**Practical Therapeutics of Traditional Chinese Medicine** May 29 2020 The authors look at TCM treatments for a wide range of common & more difficult problems, such as: eczema; gangrene; depressions; palpitations; & many more. Material is structured in such a way as to be easily accessed in clinical situations

Chinese Medicine and Healing Aug 12 2021 In covering the subject of Chinese medicine, this book addresses topics such as oracle bones, the treatment of women, fertility and childbirth, nutrition, acupuncture, and Qi as well as examining Chinese medicine as practiced globally in places such as Africa, Australia, Vietnam, Korea, and the United States.

*A Materia Medica for Chinese Medicine* Dec 04 2020 Phytotherapy or herbal medicine is the most important therapy within Chinese medicine and is being used increasingly in the West. *A Materia Medica for Chinese Medicine: plants, minerals and animal products* describes 400 of the most important plants, minerals and animal substances used as treatments by Chinese medical practitioners. The items included have been selected according to their degree of clinical relevance. Each remedy is clearly described and illustrated on two facing pages, making this an easily accessible reference for both students and practitioners of Chinese herbal medicine. The clearly laid out text presents the following details for each herb or substance included: a detailed description of the characteristic features indications for safe use medicinal and toxic effects possible combinations with other substances full-colour illustrations, generally two for each substance, showing the detailed characteristics of the item described *A Materia Medica for Chinese Medicine* has been written by two medically trained doctors who have worked as TCM therapists specializing in the use of Chinese herbs for more than 30 years. Based on their many years of teaching and practice, the book has been carefully compiled and designed to provide a concise and accurate practice-based reference for both students and practitioners.

**Routledge Handbook of Chinese Medicine** Mar 07 2021 The Routledge Handbook of Chinese Medicine is an extensive, interdisciplinary guide to the nature of traditional medicine and healing in the Chinese cultural region, and its plural epistemologies. Established experts and the next generation of scholars interpret the ways in which Chinese medicine has been understood and portrayed from the beginning of the empire (third century BCE) to the globalisation of Chinese products and practices in the present day, taking in subjects from ancient medical writings to therapeutic movement, to talismans for healing and traditional medicines that have inspired global solutions to contemporary epidemics. The volume is divided into seven parts: Longue Durée and Formation of Institutions and Traditions Sickness and Healing Food and Sex Spiritual and Orthodox Religious Practices The World of Sinographic Medicine Wider Diasporas Negotiating Modernity This handbook therefore introduces the broad range of ideas and techniques that comprise pre-modern medicine in China, and the historiographical and ethnographic approaches that have illuminated them. It will prove a useful resource to students and scholars of Chinese studies, and the history of medicine and anthropology. It will also be of interest to practitioners, patients and specialists wishing to refresh their knowledge with the latest developments in the field. The Open Access version of this book, available at <http://www.taylorfrancis.com>, has been made available under a Creative Commons Attribution-Non Commercial-No Derivatives 4.0 license

The Foundations of Chinese Medicine Sep 25 2022 This exciting new edition covers the theory of traditional Chinese medicine and acupuncture, and discusses in detail the function of the acupuncture points and principles of treatment.

Complete Book of Chinese Medicine Feb 18 2022 The Complete Book of Chinese Medicine is the result of years of research and study by a world renowned Shaolin Grandmaster, Sifu Wong Kiew Kit, who has an excellent track record in curing many so-called “incurable diseases” like cancer, cardiovascular diseases, diabetes, sexual inadequacy, kidney failure, rheumatism and asthma using chi kung therapy. The aim of this exciting book is to introduce the wonderful and unique concept behind Chinese medicine. Sifu Wong’s command of both the Chinese and English languages has made this book possible as meanings are often lost or misinterpreted during translation. Thus this book will be indispensable to everyone with an interest in Chinese medicine and to those who find that Western medicine does not have all the answers after all. The book includes: \* The history, development and the main features of Chinese medicine. \* Strategies and tactics when diagnosing and treating patients. \* How modern societies, including Western medical doctors and research scientists, can benefit from a deeper and holistic understanding of Chinese medicine. \* Case studies.

**Chinese Medicine in Contemporary China** Apr 27 2020 As a traditional healing art that has established a contemporary global presence, Chinese medicine defies

categories and raises many interesting questions. If Chinese medicine is "traditional," why has it not disappeared with the rest of traditional Chinese society? If, as some claim, it is a science, what does that imply about what we call science? What is the secret of Chinese medicine's remarkable adaptability that has allowed it to prosper for more than 2,000 years? In *Chinese Medicine in Contemporary China* Volker Scheid presents an ethnography of Chinese medicine that seeks to answer these questions, but his ethnography is informed by some atypical approaches. Scheid, a medical anthropologist and practitioner of Chinese medicine in practice since 1983, has produced an ethnography that accepts plurality as an intrinsic and nonreducible aspect of medical practice. It has been widely noted that a patient visiting ten different practitioners of Chinese medicine may receive ten different prescriptions for the same complaint, yet many of these various treatments may be effective. In attempting to illuminate the plurality in Chinese medical practice, Scheid redefines-and in some cases abandons-traditional anthropological concepts such as tradition, culture, and practice in favor of approaches from disciplines such as science and technology studies, social psychology, and Chinese philosophy. As a result, his book sheds light not only on Chinese medicine but also on the Western academic traditions used to examine it and presents us with new perspectives from which to deliberate the future of Chinese medicine in a global context. *Chinese Medicine in Contemporary China* is the product of two decades of research including numerous interviews and case studies. It will appeal to a western academic audience as well as practitioners of Chinese medicine and other interested medical professionals, including those from western biomedicine.

*Essentials of Chinese Medicine* Nov 27 2022 The *Essentials of Chinese Medicine* is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine (CM) at the university level. The idea of writing such a text was originated from the Sino-American Consortium for the Advancement of Chinese Medicine (SACACM), which was founded in February 2000. In 1995, the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation. After the reunification of Hong Kong with mainland China in 1997, the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation. To help bring up a new generation of professional CM practitioners, the Hong Kong Baptist University (HKBU) obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations. In order to establish itself quickly as a rigorous provider of university level CM education, HKBU sought alliance with eight major CM universities in the Chinese Mainland, and one US university which was interested in developing CM education within its medical college. As a result, the Consortium known as SACACM was formed, with ten founding institutions from Beijing, Shanghai, Nanjing, Shandong, Guangzhou, Chengdu, Heilongjiang, Hong Kong, and the United States.

**Living Translation** May 09 2021 Integrating theoretical perspectives with carefully grounded ethnographic analyses of everyday interaction and experience, *Living Translation* examines the worlds of international translators as well as U.S. teachers and students of Chinese medicine, focusing on the transformations that occur as participants engage in a "search for resonance" with foreign terms and concepts. Based on a close examination of heated international debates as well as specific texts, classroom discussions, and interviews with publishers, authors, teachers, and students, Sonya Pritzker demonstrates the "living translation" of Chinese medicine as a process unfolding through interaction, inscription, embodied experience, and clinical practice. By documenting the stream of conversations that together constitute this process, the book thus traces the translation of Chinese medicine from text to practice with an eye towards the social, political, historical, moral, and even personal dimensions involved in the transnational production of knowledge about health, illness, and the body.

*Principles of Chinese Medicine* Jan 05 2021 Acupuncture, Chinese herbs, qigong, tui na massage and diet therapy have been used by the Chinese for over 2000 years, and they are still the treatments of choice for millions of people throughout the East. Now, Westerners are becoming aware of the many benefits of these potent therapies and the popularity of Chinese medicine is spreading rapidly. Covering everything from the basic theory of Chinese medicine to how to find a practitioner, the book provides a definitive introductory guide to this ancient system. It includes explanations of each of the five therapies and their unique benefits as well as patients' first-hand experiences. With advice on choosing the right treatment, and comprehensive sections on useful addresses and further reading, the book provides everything readers need to know about Chinese medicine at an introductory level. A practical handbook that provides all of the essential information, this book is the perfect introduction for anyone who wants to find out more about Chinese medicine, whether as a treatment option or for general interest.

Chinese Medicine Men Feb 06 2021 Cochran reconsiders the nature and role of consumer culture in the spread of globalization and illuminates enduring features of the Chinese experience of consumer culture. The history of Chinese medicine men in pre-socialist China, he suggests, has relevance for the 21st century because they achieved goals that resonate with their successors today.

**Key Concepts in Traditional Chinese Medicine** Dec 28 2022 This book offers a comprehensive overview of Chinese medicine terminology translation, defining the most central concepts in Chinese traditional medicine, providing simplified Chinese characters, Mandarin Pronunciation in pinyin, citations for 111 of the most key concepts in traditional Chinese medicine and culture. Covering definitions of terms relating to essence, qi, yin-yang theory, five elements and visceral manifestation in traditional medicine, it offers a selection of English versions of each term in addition to a standard English version, drawing on the translation history of traditional Chinese medicine. It provides a useful resource to understand the fundamental terms of traditional Chinese medicine and culture in Chinese and English, and their relevance to cross-cultural discourse.

Principles of Chinese Medicine Jan 29 2023 As the world's most comprehensive and deeply researched system of alternative and complementary medicine, Chinese medicine enjoys a large following in scientifically developed communities. Yet its concepts and principles have been shrouded in mystery and obscure language. This path-breaking book strips this ancient science of its mystique and metaphysical pretensions and interprets it to strike common ground with biomedical science. Concepts like qi and meridians are interpreted not as physical entities, but as constructs to facilitate diagnosis and therapy using heuristic models. Written for medical professionals, philosophers of medicine and discerning readers interested in holistic therapies, the book offers a unique perspective of Chinese medicine in an advanced biomedical world. It has practical chapters on cardiovascular disease, irritable bowel syndrome and cancer, and a compilation of Chinese herbs. This second edition of the acclaimed Theory of Chinese Medicine has new material on chronic diseases and the intriguing possible convergence of biomedicine and TCM. Contents: The Origins and Nature of Chinese Medicine Chinese and Western Medicine: Never the Twain Shall Meet? The Causes of Disease The Fundamental Ingredients of Life Organ and Meridian Systems Methods of Diagnosis and Therapy Treating Illness: Herbs and Other Therapies Scientific Evidence for TCM Cultural Factors in Placebo Effects Treatment of Chronic Illnesses Chinese Medicine: Reinterpretation and Future Direction Readership: Medical professionals, both Western medical doctors and TCM practitioners; librarians of TCM professional associations and teaching institutes; scholars interested in the theoretical basis for Chinese medicine, and the informed general reader seeking to understand the rationale and applicability of Chinese medical therapies to enhance their health. Keywords: Chinese Medicine; Epistemology; Evidence Reviews: "Despite its efficacy in treating ailments (for some of which Western medicine offers no cure), traditional Chinese medicine (TCM) continues to be regarded with skepticism in the West. To a large extent, this is due to the fact that TCM practitioners have been unable to explain TCM theories using Western scientific categories. A TCM physician who was also trained in the philosophy of science at Cambridge and the London School of Economics, Hong Hai offers a fresh and at times iconoclastic interpretation of Chinese medicine. This is without doubt the most important contribution to the field in the modern era. At last, Chinese medicine makes sense. Surprisingly accessible, this work is a must read for doctors East and West." Michael Tai, PhD (Cambridge) Research Associate Cambridge University "This is a book which should not be missed by anyone with an interest in Chinese medicine." Emeritus Professor Donald Gillies Dept of Science and Technology Studies University College, London "A fascinating book with special implications for medical professionals evaluating TCM as a genuine science and therapeutic armamentaria." The American Journal of Chinese Medicine "I enjoyed reading the book and applaud the seriousness with which the author tackles the difficult problem of evaluating TCM and his recognition of the amount of work that still has to be done." Professor Sir Geoffrey Lloyd Needham Research Institute Cambridge University "A scientific, historical, philosophical and at times unconventional interpretation of TCM. It is a refreshing read and highly recommended to anyone who wishes to explore and understand TCM better in order to improve and maintain one's health." Dr Koh Hwee Ling Associate Professor Department of Pharmacy National University of Singapore "The core of this book deals with the epistemological issues concerning the scientific status of medical conjectures in Traditional Chinese Medicine, very intelligently written and bringing to bear a great deal of common sense and good philosophy. There is much that is highly original in it." Peter J Clark Professor Philosophy University of St Andrews "Lucid, brilliant explanation of the terminology and principles of TCM and its approach to the management of syndromes. This is a book that anyone with even the slightest interest in complementary medicine should read." Dr Teoh Eng Soon MBBS, MD, FRCOG, FACS Gynecologist and former lecturer NUS Medical School "Approaching the theories of traditional Chinese medicine from the perspectives of the contemporary philosophy of science, this book is an important contribution to both of these two fields. It has expanded the intellectual horizons to better understand traditional Chinese medicine." Jing-Bao Nie, BMed, MMed, MA, PhD Bioethics Centre University of Otago

**Wan's Clinical Application of Chinese Medicine** Feb 24 2020 Much of acupuncture practice in the West remains incomplete or less potent because it has been based upon particular interpretations often by only one individual, in translation. The broad, diverse and ancient practices of Chinese medicine are often misconstrued and

overshadowed by the more modern Traditional Chinese Medicine in Westernised texts. This book places more powerful tools in the hands of practitioners and expands our knowledge of the full potential of Chinese medical practices. Grandmaster Wan was a well known doctor of Chinese medicine, who in the traditional way of Chinese teaching took on only a handful of students throughout his life, one of whom was Giorgio Repeti. The author's extensive notes, derived from his years of discipleship to Grandmaster Wan, form the basis of this book, and he has in the core of the book resisted any temptation to include his own views or amend those of the teacher. The approach described was characterised by Grandmaster Wan as the 3E approach (easy, economical and efficient), and is deceptively simple. It is, however, an approach that can only fully be comprehended through reflection and experience. The book covers the basic principles of diagnosis, with chapters on pulse and tongue diagnosis. A key chapter on acupuncture provides clear directives for treatment that relies on simple yet powerful underpinning principles, and challenges the much more complex approach to acupuncture commonly taught in the West. Herbal medicines and herbal treatments for cold, warm and hot diseases are also covered. This clinically based text will provide an essential vademecum for practitioners of Chinese medicine, and a thoughtful introduction for students that will carry them through to their own practice.

**Essentials of Chinese Medicine** Oct 22 2019 The Essentials of Chinese Medicine is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine (CM) at the university level. The idea of writing such a text was originated from the Sino-American Consortium for the Advancement of Chinese Medicine (SACACM), which was founded in February 2000. In 1995, the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation. After the reunification of Hong Kong with mainland China in 1997, the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation. To help bring up a new generation of professional CM practitioners, the Hong Kong Baptist University (HKBU) obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations. In order to establish itself quickly as a rigorous provider of university level CM education, HKBU sought alliance with eight major CM universities in the Chinese Mainland, and one US university which was interested in developing CM education within its medical college. As a result, the Consortium known as SACACM was formed, with ten founding institutions from Beijing, Shanghai, Nanjing, Shandong, Guangzhou, Chengdu, Heilongjiang, Hong Kong, and the United States.

**Essentials of Chinese Materia Medica and Medical Formulas** Dec 24 2019 Essentials of Chinese Materia Medica and Medical Formulas: New Century Traditional Chinese Medicine presents specific knowledge about the source, medicinal nature, action and application of more than 800 commonly-used Chinese materia medica, as well as the efficacy and application of more than 740 kinds of commonly-used Chinese medical formulas. Notably, all of the content is presented in table form, making the information easier to access, understand and apply. Each primary herbal medicine is introduced with color pictures, and each primary formula is presented with efficacy analysis pictures. The book provides readers with essential information on Chinese materia medica and formulas and how to use them accurately, including the most common Chinese materia medica used in clinics and in commonly used clinical formulas. This is an essential reference for traditional medical professionals and those interested in traditional Chinese medicine, including advanced undergraduate and postgraduate students. Includes over 800 Chinese materia medica and 740 medical formulas with their essential information Combines 514 color pictures of medicine material crude slices and 255 formula efficacy analysis pictures Organized with concise forms, facilitating understanding and memorization

**A Comprehensive Guide to Chinese Medicine** Jul 23 2022 This invaluable book is aimed at those who are concerned about Chinese medicine - how it works, what its current state is and, most important, how to make full use of it. The audience therefore includes clinicians who want to serve their patients better and patients who are eager to supplement their own conventional treatment. The authors of the book belong to three different fields, viz. clinical and basic sciences, Chinese medicine and pharmacology. They provide information from their areas of expertise and concern, attempting to make it comprehensive for users. The approach is macroscopic and philosophical; readers convinced of the philosophy are to seek specific assistance.

**Chinese Medical Herbology and Pharmacology** Jan 25 2020 Chinese Medical Herbology and Pharmacology integrates contemporary understanding of the ancient practice of Chinese herbal medicine with essential safety information for a context in which use of pharmaceutical and traditional medicines is increasingly integrated in the treatment of illness. In 1,266 information-packed pages, this text offers healthcare practitioners, researchers, educators and students information for a lifetime of learning and practice: 670 in-depth herb monographs; 1150 photographs, classic line drawings, and chemical structure diagrams; far-reaching insights from academic, clinical, research and regulatory professionals; traditional uses and combinations, dosages, toxicology, cautions and contraindications; safety index, herb-drug interactions,

clinical studies and research; and more.

**THE PRINCIPLES OF YI LEARNING OF CHINESE MEDICINE** Jun 29 2020 The author regards that understanding Chinese medicine and solving the controversial theoretical issues in Chinese medicine should be from its basic theory, the philosophy of Taiji science, by which some fundamental problems of Chinese medicine can be explained and clarified thoroughly. The author corrects the mistakes of naming and sorting the six meridians and collaterals in The Inner Canon of Huangdi and The Treatise on Febrile Diseases in the past thousands of years and puts forward new naming and sorting methods. He introduces the concept of "Qian Kun" (the heaven and earth) into the human body and identifies the pathogenesis of the Sanyang and Sanyin meridians and collaterals in The Treatise on Febrile Diseases. The author puts forward the theory of the same origin of Yin and Yang and of "an original Yang". He points out that the so-called Yin and Yang viscera are actually the ups and downs of "an original Yang". He criticizes the laying emphasis on Yin and neglecting Yang and reversing the order of Yin and Yang in traditional Chinese medicine theory and practice. He parallels the six meridians and collaterals and puts forward a new pulse hypothesis. He uses cosmology to understand the body science of Chinese medicine, which is unprecedented in the history of medicine and philosophy and, unique and insightful to read.

**The Essential Book of Traditional Chinese Medicine** Sep 13 2021 For more than four thousand years, Chinese scholars and medical practitioners have documented ways of maintaining health and treating illness, from theories of yin-yang and the zang-fu organs to the use of herbs and acupuncture. The Essential Book of Traditional Chinese Medicine marks the first time such concepts have been made accessible to Westerners in a comprehensive form.

**The Making of Modern Chinese Medicine, 1850-1960** Jun 10 2021 Medical care in nineteenth-century China was spectacularly pluralistic: herbalists, shamans, bone-setters, midwives, priests, and a few medical missionaries from the West all competed for patients. This book examines the dichotomy between "Western" and "Chinese" medicine, showing how it has been greatly exaggerated. As missionaries went to lengths to make their medicine more acceptable to Chinese patients, modernizers of Chinese medicine worked to become more "scientific" by eradicating superstition and creating modern institutions. Andrews challenges the supposed superiority of Western medicine in China while showing how "traditional" Chinese medicine was deliberately created in the image of a modern scientific practice.

**The Chinese Medicine Companion** Sep 01 2020 Traditional Chinese Medicine is one of the most ancient healing systems, yet modern science is showing that it endures as a powerful healing modality for today's world. A condensed version of The New Chinese Medicine Handbook, The Chinese Medicine Companion explains the key principles of this holistic healing method. Written by Dr. Misha Ruth Cohen, an internationally-recognized practitioner, lecturer, and mentor in the field of Chinese medicine, this essential volume explains the most common treatments of Traditional Chinese Medicine including: Acupuncture Qi Gong Herbal therapy Dietary practices Nutrition The Chinese Medicine Companion keeps esoteric information to "need to know" basics giving you a practical guide to achieving total health in body, mind, and spirit.

**The Yellow Emperor's Classic of Medicine** Oct 02 2020 The Neijing is one of the most important classics of Taoism, as well as the highest authority on traditional Chinese medicine. Its authorship is attributed to the great Huang Di, the Yellow Emperor, who reigned during the third millennium BCE. This new translation consists of the eighty-one chapters of the section of the Neijing known as the Suwen, or "Questions of Organic and Fundamental Nature." (The other section, called the Lingshu, is a technical book on acupuncture and is not included here.) Written in the form of a discourse between Huang Di and his ministers, The Yellow Emperor's Classic of Medicine contains a wealth of knowledge, including etiology, physiology, diagnosis, therapy, and prevention of disease, as well as in-depth investigation of such diverse subjects as ethics, psychology, and cosmology. All of these subjects are discussed in a holistic context that says life is not fragmented, as in the model provided by modern science, but rather that all the pieces make up an interconnected whole. By revealing the natural laws of this holistic universe, the book offers much practical advice on how to promote a long, happy, and healthy life. The original text of the Neijing presents broad concepts and is often brief with details. The translator's elucidations and interpretations, incorporated into the translation, help not only to clarify the meaning of the text but also to make it a highly readable narrative for students—as well as for everyone curious about the underlying principles of Chinese medicine.

**100 Natural Foods** Mar 27 2020 A modern, easy-to-understand cookbook and guide to the Compendium of Materia and Medica—the most comprehensive book ever written about Traditional Chinese Medicine (TCM). Compiled during the Ming Dynasty, the original Compendium of Materia and Medica text includes an encyclopedic level of detail, summarizing TCM's entire history and practices through the mid-16th century. Though full of incredibly valuable information that has been studied and used for thousands of years, it can be difficult for a modern reader to distill. 100 Natural Foods has done just that, highlighting 100 common natural foods and their health

benefits, including: More than 100 recipes for the featured foods Cooking techniques and uses for grains, meats, fruits, and vegetables How to eat seasonally to enhance health and fitness The relationship between characteristics, colors, tastes of food, and health How to develop a personalized diet plan, based on lifestyle and body type Simple and effective food therapy strategies for common diseases Using food for health preservation (preventing illness and extending lifespan) With at least one recipe for each featured food, this guide doubles as a cookbook. Full-color photos and practical tips make 100 Natural Foods a great resource for anyone hoping to enjoy the benefits of TCM or embrace a more natural lifestyle. Recipes include: Cucumber Kiwi Juice Buckwheat Noodles Potato and Spanish Soup And many more!

**Diagnosis in Chinese Medicine** Jun 22 2022 A detailed, clinical look at Chinese medicine. Written by world-renowned author and teacher, this comprehensive, highly illustrated, and easy-to-understand resource helps students and practitioners alike carefully interpret a range of diagnostic nuances. This new edition addresses the practice beyond the theory. -- Provided by publisher.

**The Politics of Chinese Medicine Under Mongol Rule** Nov 03 2020 Under the rule of the descendants of Chinggis Khan (1167-1227), China saw the development of a new culture in which medical practice came to be considered a highly respected occupation for elite men. During this period, further major steps were also taken towards the codification of medical knowledge and promotion of physicians' social status. This book traces the history of the politics, institutions, and culture of medicine of China under Mongol rule, through the eyes of a successful South Chinese official Yuan Jue (1266-1327). As the first comprehensive monograph on history of medicine in China under the Mongols, it argues that this period was a separate moment in Chinese history, when a configuration of power different from that of previous and succeeding periods created its own medical culture. The Politics of Chinese Medicine under Mongol Rule emphasizes the impact of the political and institutional changes caused by the Mongols and their collaborators on the social and cultural history of medicine, which culminated in the medical theory of Zhu Zhenheng (1282-1358), still influential in East Asian medicine. Using a variety of Chinese-language sources including gazetteers, legal texts, biographies, poems, and medical texts, it analyses the roles of the Mongols and West and Central Asians as cultural brokers and also as unifiers of China. Further, it views North and South Chinese elites as agents of historical change rather than as victims of Mongol oppression. Underlining the complexity of the history of China under the Mongols and the significance of time and geography for the study of this history, this book will be of great interest to students and scholars of Chinese medical history, Chinese social and cultural history, and medieval global history.

**Cosmetology in Chinese Medicine** Apr 08 2021 This textbook is designed specifically for Western students of Chinese medicine. The detailed descriptions give readers a solid feeling for the subject. It guides the reader through the terms and techniques necessary to understand and perform TCM Cosmetology treatments. TCM cosmetology is a field that has been built from the past and will continue to develop in the future. We are sorry that the DVD content are not included.

**Essentials of Chinese Medicine** Oct 26 2022 The Essentials of Chinese Medicine is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine (CM) at the university level. The idea of writing such a text was originated from the Sino-American Consortium for the Advancement of Chinese Medicine (SACACM), which was founded in February 2000. In 1995, the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation. After the reunification of Hong Kong with mainland China in 1997, the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation. To help bring up a new generation of professional CM practitioners, the Hong Kong Baptist University (HKBU) obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations. In order to establish itself quickly as a rigorous provider of university level CM education, HKBU sought alliance with eight major CM universities in the Chinese Mainland, and one US university which was interested in developing CM education within its medical college. As a result, the Consortium known as SACACM was formed, with ten founding institutions from Beijing, Shanghai, Nanjing, Shandong, Guangzhou, Chengdu, Heilongjiang, Hong Kong, and the United States.

**Ancient Wisdom for Modern Health: A Comprehensive Guide to Chinese Medicine** Jul 31 2020 "Unlock the ancient secrets of Chinese medicine with this comprehensive guide. Starting with an exploration of the history and philosophy of this time-honored healing system, this book takes readers on a journey through the principles and practices of Chinese medicine. Learn about the basics of Chinese medicine, including the Five Elements Theory, Yin and Yang Theory, and the Four Diagnostic Methods, in Chapter 2. Chapter 3 outlines the different diagnostic methods used in Chinese medicine, such as observation, listening and smelling, questioning, and palpation. Chapter 4 delves into the treatments used in Chinese medicine, including acupuncture, herbal medicine, cupping, and moxibustion. Discover how Chinese medicine can help with various health conditions, from pain and digestive issues to mental and emotional wellness and cancer support, in Chapter 5. Explore the



integration of Chinese medicine with Western medicine and its applications in women's and geriatric health in Chapters 6-8. Chapter 9 provides answers to common questions about Chinese medicine, and Chapter 10 offers a conclusion and final thoughts. Written for anyone interested in promoting their own health and wellness or those of others, this book is a must-have resource for anyone looking to unlock the ancient wisdom of Chinese medicine."

*Understanding Chinese Medicine* Nov 22 2019 The type of traditional medicine based on ancient Chinese medical practices, including qigong, tui na, herbal medicine and acupuncture, is known as traditional Chinese medicine (TCM). It is based on the belief that a body's vital energy, called qi, flows through channels, known as meridians, which have branches connected to bodily organs and functions. The Yin-Yang theory and Wu Xing theory are the main philosophies of traditional Chinese medicine. This field emphasizes that diseases are the imbalances or disharmonies in the functioning of qi, yin, yang, meridians, xue and zang-fu. This book attempts to understand the multiple branches that fall under the field of Chinese medicine and how such concepts have practical applications. It strives to provide a fair idea about this discipline and to help develop a better understanding of the latest advances within this field. The extensive content of this book provides the readers with a thorough understanding of the subject.

**Fundamentals of Chinese Medicine** Mar 02 2023 This revised edition includes a glossary of terms and a materia medica and formulary sufficient to practice the treatments described in the text. As such it is not only a unique, absolutely-defined and referenced text, but also a self-contained and inexpensive course of study. As a basic text produced to a multi-author, multi-publisher voluntary standard, this revised edition is a unique key for scholars and clinicians alike.

**Traditional Chinese Medicine Made Easy!** Apr 20 2022 The first acupuncture and herbal medicine guide book exclusively made easy for young readers to understand. Packed with fun facts, colorful illustrations, quizzes, and simple case studies. Traditional Chinese Medicine is usually difficult for beginners to understand, but finally "Traditional Chinese Medicine Made Easy!" is a book that simplifies TCM theories, useful acupressure points, food therapy, and tea recipes. This is a great book for children who want to learn more about the body or even adults who wish to understand the basics of Traditional Chinese Medicine and want to take care of their own bodies. This is a useful book to keep in the reception area of an acupuncture clinic, allowing kids and adults to get a basic understanding of TCM while waiting. The author, Aileen Lozada Kim (Traditional Chinese Medicine Practitioner), turned this complicated subject into a fun and cute beginner's guide. "Traditional Chinese Medicine Made Easy!" will help you learn more about how your body works and might even inspire you to become a TCM doctor! This is a great health book to add to your bookshelf.

**The New Chinese Medicine Handbook** Mar 19 2022 Take control of your healing process and balance your mind, body, and spirit with these lessons in Chinese Medicine.

**Principles of Traditional Chinese Medicine** Nov 15 2021 Wisdom from the East ...for Living in the West Discover the foundation behind this fascinating system of holistic health based on several thousand years of real clinical experience. Traditional Chinese Medicine (TCM) is a unique, comprehensive, and scientific system, maintaining that the root of a disease must be found, and that a patient must be treated according to their whole being as well as their surrounding natural conditions. Viewing the human as a single, integrated entity that relates with nature, TCM maintains that the human body is affected by any changes that occur in nature, and must be treated as such. Since its beginnings, not only has TCM been well preserved and documented but it has also been continuously developing and growing. Having remarkable curative abilities and few side effects, it is an effective means to prevent and treat diseases and to keep yourself strong and healthy. Principles of Traditional Chinese Medicine is systematic, concise, practical and easy to read. Originally published in China, this re-edited edition (the 3rd book in our Practical TCM series) will provide you with the principles of diagnosis, treatment and prevention of diseases. Discover the principles of treatment and prevention of diseases. Learn essential primary theories, such as Yin and Yang and the Five Elements Theory, as well as their use in clinical applications. Discover the foundations for diagnostic methods. Essential for today's alternative health library.

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