

Where To Download Code Of Conduct Dressage Judges Free Download Pdf

**The Ethics and Passions of Dressage, Cowboy
Dressage Dressage for the Not-So-Perfect Horse
Classical Dressage Training in Practice according to
the H.Dv.12 My Horses, My Healers Kottas on Dressage
Dressage in the Fourth Dimension Dressage 101
Dressage Exercises for Horse & Rider Behavior
Modification for Horses The Original Horse Bible The
Science of Dressage Training Equine Cultures in
Transition The Seven Deadly Sins of Dressage The
Horse Dressage Rider's Journal Planner Diary Book
The Dressage Horse Manifesto Dressage with Mind,
Body & Soul Anxiety of Intercollegiate Equestrian
Riders During Practice and Competition as Related to
Performance Dressage Arena Sketch Book Elementary
Dressage Exploring Dressage Technique Foucault and
Managerial Governmentality Horse Makeovers Dressage
for No Country I Can 't I Have Dressage Practice
Notebook "Horse, Saddle, Dressage, Grooming, Gallop,
Riding, Horse, Fun, Jump, Love" - Riding Journal
Ridden Training Companions The USDF Guide to
Dressage Dressage Principles Illuminated Equine
Behavior Pilates for the Dressage Rider The World of
Dressage Classical Dressage Today Original Horse
Bible, 2nd Edition Memory, Place and Identity
Dressage in the Fourth Dimension Guide to Dressage A
Horsewomans Sensuous Guide Into Dressage of
Husbandry Dressage Arena Sketch Book**

Equine Behavior: A Guide for Veterinarians and

Equine Scientists is written for all those who really want to know what makes horses tick. Behavioral problems in the stable and under saddle are of concern to equine veterinarians worldwide because they lead to welfare issues, abuse and ultimately wastage. Equine veterinarians, trainers and handlers must be aware of each horse's behavior as a first step in detection of problems, whether they are clinical maladies or training issues. As they constantly study their horses' responses to their environments they are all, in effect, students of horse behavior. Drawing on over 1,000 references, Equine Behavior explores the subject from first principles by considering the behavior of free-ranging horses and considering ways in which management and training influences the responses of domestic horses. All too often veterinarians feel that management of the mental health of equine patients is beyond their expertise. This book addresses many important gaps to enable practitioners to understand how horses can learn to perform unwelcome behaviors and how to change those behaviors where appropriate. The new edition builds on the success of its pioneering predecessor and presents a thorough revision of all chapters to reflect the latest developments in this dynamic field. The chapter on equitation science has been expanded and there have been major revisions to the sections on stereotypic behavior, cognition studies, nutrition and housing. The book remains a must-have purchase for all veterinarians who deal with horses, for equine scientists, trainers and everybody with an interest in the subject. Features a practical, hands-on approach to all aspects of equine behavior

Discusses all factors that effect equine behavior
Contrasts normal behavior with abnormal behavior
Reviews all behavioral problems Lists and reviews
the latest drug therapies Addresses difficult-to-
treat clinical problems such as head-shaking, with
insights from the leading researcher in this area
Provides a brief clinical evaluation of 'horse-
whispering' Illustrates the key behavioral
differences between horses and donkeys This long-
awaited sequel to *Riding towards the Light* is an
absorbing biomechanical and philosophical treatise
on riding and training dressage horses. Using state-
of-the-art findings, it debunks many commonly held
dressage myths; it also explores the artistic
heritage and antique techniques of classical riding
which have stood the test of time. Each chapter
offers fascinating discussion on a different aspect
of riding/training, with many thought-provoking
ideas for today's riders. Chapters include: "A fog
of walks"; "The hovering trot"; "Rockin' and rollin'
in the passage"; "The piaffe"; "Lateral work-in
search of the mother load"; "Deep work"; "Confucius
and the canter pirouette"; "Resistance and ethics";
"The myths of the outside rein"; and "Riding as a
meditation". Basing his theories on a study of
biomechanics and rare historic literature, the
author begins to point a way through some of the
contradictory and confusing tenets that exist in the
world of dressage today. In *Exploring Dressage
Technique*, Paul Belasik offers some refreshing new
ideas and revives a few forgotten ones. This book
will be welcomed by thinking riders everywhere, by
those involved in the sport of dressage, and above
all, by those who care deeply about horses. "A new

approach to the classical methods of training dressage horses--methods that can cause the animals undue physical and emotional distress--these powerful new techniques from world-renowned horse trainer and behaviorist Linda Tellington-Jones improve not only the dressage horse's performance but also its well-being. The guide employs the author's legendary TTouch method and features practical dressage-training information on topics such as relaxing the overly touchy horse, focusing the overly playful horse, improving balance and transitions, and solving problems with stage fright. In addition to the providing the tips and techniques needed to ensure that the horse relishes its role in the art of dressage, numerous case studies of the top horses, riders, and trainers Tellington-Jones has worked with in her career are also included"-- A comprehensive reference on dressage for the student, trainer or instructor. Includes excerpts from the works of numerous experts. Follows in detail the 1987 tests of the American Horse Shows Association. The often baffling terminology is clearly explained and illustrated. Horses are beautiful creatures who respond favorably to humans because we have the ability to create a positive relationship with them. But how do we create a positive learning environment that will obtain desirable behavior from horses? In her guidebook, a professional educator and Grand Prix dressage horse trainer shares step-by-step lessons and powerful tools of behavior modification that will help horse trainers and riders create successful horse performance. Dr. Patti Dammier relies on over twenty-five years of experience in horse training and professional research and

education to offer an innovative approach that uses scientific evidence to teach basic principles of behavior change. Through her methods, case studies, and key points, riders and horse trainers will learn how to: ? Establish goals and objectives specifically tailored for each horse ? Create reasonable and achievable lessons ? Develop rider aids and cues that reward behavior ? Decrease undesirable behavior without unnecessary force ? Manage risk and ensure a safe learning environment

Horse Makeovers is a guidebook for anyone eager to learn an educated approach to training horses that utilizes proven scientific research, resources of learning theory, and techniques of positive motivation to achieve results. Charles de Kunffy's belief that riding must have a therapeutic, life-and-health promoting value for the horse as well as the rider is his inspiration. With great lucidity, he explains the rationale for training the horse and the methodology for doing it correctly. Great emphasis is placed on the importance of suppleness and collection, which leads to athletic development. He categorically defends the classical tradition of horsemanship, which is grounded in pragmatic scientific facts of equestrian scholarship, and he supports the Baroque ideology that nature can be elevated to art through intelligent application. The author is much sought after as a lecturer and a riding teacher because of his cogent and passionate way of imparting information about a subject he knows so well: the education of riders and the training of horses. He represents that rare combination of scholastic depth, practice-born expertise, and impeccable communication abilities, all of which allow for an

effortless transfer of his knowledge. If you love riding your pony you will love it even more when you track and plan what you do. This is the only journal you will ever need. With 9 different pages you will love keeping it and so will your pony! With pages to: 1. Set your riding goals and record ideas on how to make it happen 2. Set a weekly riding plan and pony to-do list 3. Keep a record of your lesson, what went well, what needs work, instructor, horse etc 4. Create a practice plan for between lessons 5. Record the details of your practice - see what is working 6. Keep a horse care planner - remember errands and tasks eg. Farrier, Vet, Feed etc 7. Set your future goals and see where you can draw inspiration from 8. Keep a running Checklist 9. Place to write notes, dream, get inspired!!

Dressage is often seen as the most formal and controlled of the equine sports, following an ancient, standardized training progression. For philosopher and dressage instructor Dr. Sherry Ackerman, dressage is much more. It – along with riding in general – can be a transformational art and an avenue for reflection, exploration, and self-knowledge through which a rider can experience liberation from the individual, egoistic self. This second, revised edition of Dressage in the Fourth Dimension is a pioneer work in awakening “dressage consciousness.” Drawing on such diverse sources as sacred geometry, ancient Western and Eastern philosophies, and esoteric spirituality, Ackerman seeks to heal humanity’s alienation from nature through riding. She points us toward the liberation from societal conditioning and normative thinking, and, ultimately, from our own egos. Her concept of

the fourth dimension requires us to leave the analytic, objective mind behind and enter into the mystery of inspiration. A short, unique, thought-provoking work that has enjoyed a word-of-mouth reputation among horse people for years, *Dressage in the Fourth Dimension* will challenge riders' assumptions about their horses and themselves.

Dressage Arena Sketch Book - Perfect for memorizing dressage tests or learning dressage arena letters in the 60m x 20m standard arena. Custom notebook features one 60m x 20m standard size dressage arena with distances and tangent lines highlighted on page one. All following pages include six blank diagrams per page, for maximum learning and practice opportunities. Full 8.5" x 11" sized notebook. Premium quality printing with firm binding. Beautiful dressage themed cover, the *Dressage Arena Sketch Book* is perfect practice book for show preparation. From Dressage Gifts premium dressage show supplies. Intended for professional horse trainers, dressage riders, working students, combined training and anybody learning their dressage arena or test! Created in consultation with dressage rider, coach and trainer Ruth Hogan-Poulsen, who has earned USDF Bronze, Silver and Gold medals as well as the Freestyle Gold Bar. The most comprehensive single volume dedicated to horses, *The Original Horse Bible* is a celebration of the long relationship that humans and horses enjoy, written by two highly regarded horsewomen, the late Moira C. Allen and Sharon Biggs. This 480-page volume, elaborately illustrated by world-renowned horse photographer Bob Langrish, is divided into eleven sections, covering topics that span the world of

horses, from evolution and domestication to horse riding, training, competitions and more. Section 1: "History, Physiology, and Behavior" discusses the natural history of the horse, including adaptation, migration, and domestication, how horses became integral to human kind, the role of horses in society (war horses, law-enforcement horses, race horses), as well as animal welfare and the plight of wild and feral horses. The anatomy and physiology of the horse are detailed in discussions of the horse's bodily systems, structure, senses, gait/movement, and coat and color patterns. In terms of behavior, the authors discuss the life cycle of the horse and reproduction, intelligence and trainability, and horse mentality and natural instincts. In Section 2: "Breeds and Types," the authors trace the evolution of modern horse types from three known ancient ancestors and archaic types and extinct breeds. They describe the modern types of horses based on their particular looks and specific uses (Baroque, Cob, Hack, Hunter, Polo Pony and so forth). A detailed discussion of horse color follows, explaining the differences between each and what specific characteristics define each (buckskin, palomino, and pinto). The extensive breed chapter offers portraits of approximately 175 breeds, alphabetically arranged, from the Abaco Barb to the Welsh Pony, including many rare and handsome breeds from around the world as well as favorites like the American Quarter Horse, the Shetland Pony and the Thoroughbred. Main entries provide alternative names, region of origins, brief history, and physical descriptions for each breed. Sidebars called "Breed in Brief" offer concise overviews of

the lesser known breeds. The popular hobby of horse riding is the focus of Section 3: "Activities with Horses," which describes English, western, and driving competition as well as rodeo, competitive trail riding, vaulting, polo, and other horse sports. Section 7: "Rider Instruction" continues the discussion on riding with chapters on riding instructions, safety and fitness as well as English and western riding skills. In Section 4: "A New Horse" and Section 5 "Horsekeeping," the Bible becomes a primer for all horse owners offering detailed information about choosing the right horse for novice riders, families, and experienced riders and purchasing the horse and the proper equipment (saddles and bridles, boots, gear, and gadgets). The section concludes with chapters on transporting horses, stabling and boarding, and feeding and grooming. Section 6: "Health" discusses veterinary care and vaccines, recognizing the signs of a healthy animal, first aid for each area of the horse's anatomy, hoof care, and winter wear. A complete chapter is dedicated to battling parasites and pests and avoiding poisonous plants in the horse's environment. A chapter on alternative care completes the section. Section 8: "Horse Training" focuses on various training philosophies and early handling, training lessons, solving training problems (leading, bolting, biting/nipping, rearing/buckling and shying). Section 9: "Competition" is dedicated to horse shows and classes, preparation for various kinds of shows for both the horse and the rider, and what to expect at the show. These chapters are filled with priceless firsthand advice and pointers from the authors about

how to succeed at each of these events. Section 10: "Breeding Mares and Raising Foals" offers a complete overview of the reproduction of horses, with details on choosing a stallion, live cover versus artificial insemination, pregnancy, delivery, and care, imprinting, and handling of the young. Section 11: "The Senior Horse" discusses the horse's golden years, signs of aging, nutrition and care, retirement from activities, and general care for aging animals. Horse owners will find symptoms and treatment for sixteen of the most common equine ailments (found in the appendix) to be of great utility, as are the resource section and complete index at the end of the volume. The most comprehensive single volume dedicated to horses, Original Horse Bible, 2nd Edition is a celebration of the long relationship that humans and horses enjoy, written by two highly regarded horsewomen, the late Moira C. Allen and Sharon Biggs. Covering an array of topics that span the world of horses, including evolution, domestication, horseback riding, training, competing, breeding, and so much more, making this complete guide is a must-have for any avid horse-lover! An extensive breed chapter offers portraits of approximately 175 breeds, alphabetically arranged, from the Abaco Barb to the Welsh Pony, plus many rare and handsome breeds from around the world as well as favorites like the American Quarter Horse, the Shetland Pony, and the Thoroughbred. With over 100 training and behavior tips, more than 50 riding, grooming, and health takeaways, and so much more, the Original Horse Bible belongs on the shelves of anyone who admires these magnificent creatures. This second edition

includes new sections on advances in imaging technology and medications, as well as updated information on saddles, bits, poisonous plants, deworming practices, and natural horsemanship. Whatever your primary equestrian discipline, dressage is an ideal way for you to increase your riding awareness and enhance your relationship with your horse. Providing an overview of basic techniques and a series of helpful training exercises, Jennifer O. Bryant stresses the tenets of harmonious communication between horse and rider as she guides you through the graceful movements of dressage. With suggestions on how to find qualified instructors and information on necessary equipment, this comprehensive guide will inspire you to explore this exciting and rewarding world. Dressage Arena Sketch Book - Perfect for memorizing dressage tests or learning dressage arena letters in the 40m x 20m small arena. Custom notebook features one 40m x 20m small size dressage arena with distances and tangent lines highlighted on page one. All following pages include six blank diagrams per page, for maximum learning and practice opportunities. Full 8.5" x 11" sized notebook. Premium quality printing with firm binding. Beautiful dressage themed cover, the Dressage Arena Sketch Book is perfect practice book for show preparation. From Dressage Gifts premium dressage show supplies. Intended for professional horse trainers, dressage riders, working students, combined training and anybody learning their dressage arena or test! Created in consultation with dressage rider, coach and trainer Ruth Hogan-Poulsen, who has earned USDF Bronze, Silver and Gold medals as well as the Freestyle Gold Bar. Those who

work with and train horses on a regular basis are likely constantly searching for new ways to make inroads and find answers when faced with tough training or behavior problems. Grand Prix dressage rider and performer Yvonne Barteau has trained her share of horses over the years—from off-track racing Thoroughbreds, to Arabians, to Friesians, to Warmbloods—and she asserts that everything that needs to be known about effectively training a horse is already known...by any horse. “Each horse,” says Barteau, “will know and respect the person who figures out how to train him, if that person is fair. The best trainers are not only ‘horse whisperers,’ they are listeners. And readers. They listen to what the horse has to say. They can read horse body language and behavior patterns. They are calm and they stay calm under pressure. How did they learn that? By studying horses. Over time the horses told them how to be a horse trainer and they listened.” Barteau believes that every dressage rider can learn to listen and read, and so experience greater success and partnership with his or her horse. In this book Barteau has used her knowledge and decades of experience and success in and out of the dressage ring to help put to paper what 10 different dressage horses would say to you about horse training if they could. Through the dressage horse’s mouth, from his point of view, readers learn: how simple things really are and how complicated we make them; the value of routine, consequence, and peace; the importance of leadership, fairness, and trust; the need for your sense of responsibility to match your ambition; plus, what kinds of rewards really work and what

frightens, annoys, or causes horses to disregard us altogether. If you listen properly, horses will tell you how to train them. This book is a published declaration of their needs as our athletic partners, fellow competitors, and friends. This book is my husband's life's work, which is dedicated to the well-being of horses, something I have always supported. We founded the "Friends Association for Classical Dressage Training" in 1977, so that classical equitation the way it was taught at the world-famous Cavalry School of Hannover didn't disappear. In particular, I would like to emphasize his work with poorly trained horses. Thanks to his comprehensive expertise and riding ability, he was always able to correct them and make them into rideable mounts. My husband's tireless energy in the training of horse and rider, as well as his sense of duty to "the cause" he had chosen to serve, were the main contributing factors to the writing of this book, especially after his expert articles "Classical Dressage Training in Practice" had gained nation-wide attention in Germany. My Horses, My Healers begins as a childhood drama of sexual abuse in the life of the author, and through the healing power of interacting with horses, Shelley Rosenberg transforms her experience into a protocol for self-healing through the willingness to be with the horse. For riders of all ages, for anyone who has experienced alienation from their own human kind in their days, for anyone who loves horses—this book resonates with the good that can come from watching horses and humans interact and teach one another about the language of direct communication, feelings, and healing through truthful speaking of

our emotions. "Utilizing a unique and original approach, this guide places riders in the horse's position, allowing them to experience the process of being ridden both physically and psychologically. The study expresses concern regarding modern training and its consequences for the horse, exploring alternative methods through classical schooling and modern competitive dressage from the horse's perspective. Drawing on the most recent scientific findings in psychomotor education, training theory, biomechanics, and equine behavior, this handbook offers precise courses of action for riders while identifying techniques that are more sensitive to horses."--Publisher's website.

A hilarious trot-by-trot instruction manual that explores the many passionate alternatives in creating every horsewoman's perfect home. Featuring the domestically, yet tempting, cantering enticing chapters: * THE LIVERY OF HOME * TEACHING HIS BOING BOING TO CANTER * TAKING HIM OUT FOR A WALK * THE SECOND LIVERY OF HOME * COOKING PIAFFEE IN THE KITCHEN * HITCHING YOUR MAN TO THE CART THE GROCERY STORE * FURTHER DOMESTIC HARNESSING CREATING THE MANLY MAID * RIDING YOUR MAN BACKWARDS * OTHER RIDING POSITIONS WORTH MENTIONING * RIDING OFF INTO THE SUNSET Dressage is the ultimate achievement of oneness between horse and rider. Featuring a full arena diagram and step-by-step instructions for each exercise, this sturdy book is designed to allow the rider to hang it on a hook and refer to it from the saddle. You'll learn how to improve your riding position; master looseness, balance, and suspension; and perfect flying changes as you work toward dressage success. The equestrian pursuit known as

Cowboy Dressage melds the best of Western riding traditions and classical dressage in the pursuit of a harmonious relationship with a horse. Intended to be accessible to all, Cowboy Dressage is open to all breeds and all levels of riders; there isn't a set frame for overall look, head carriage, or action. Lifelong horsewoman Jessica Black traces the evolution of Cowboy Dressage back to its roots, sharing the story of Eitan and Debbie Beth-Halachmy and their phenomenal Morgan horses that have served as the movement's ambassadors. Black then expertly weaves Eitan Beth-Halachmy's experience and expertise into an engaging and articulate explanation of the philosophy of Cowboy Dressage; defines the expectations of the rider; describes what a participant needs in terms of equipment; and explores how the most important element—the horse—should be prepared. A wonderful and thorough section on groundwork, as well as specific training advice for achieving engagement, regulating the gaits, smoothing transitions, and balancing bend and straightness, get the reader started with a solid foundation. Specific descriptions of the Cowboy Dressage tests are provided, with additional tools for those interested in competition, including rules, divisions, and how to execute and judge tests. Kottas on Dressage is a distillation of the practice and philosophy of one of the most highly regarded international trainers of the current era. Having stressed the need for the rider to establish correct posture and a thorough understanding of the aids before attempting to train the horse, the book goes on to highlight the value of establishing a rapport with the horse, enhancing his mental

responses, and developing his physique with groundwork before progressing to work under saddle. Following this, the text focuses on thorough, incremental development of the basic gaits, explains the value and execution of the lateral exercises, and introduces advanced work including tempi changes, pirouettes, piaffe, and passage. Throughout the text there are many notes, based on Kottas' experience, of precisely how to address points of detail. A number of commonly encountered problems are also analyzed, and remedies offered.

Underpinning the whole text is the author's fundamental stance on horses and training: I always see the horse as a partner. He must be trained slowly and patiently. This book will prove instructive to all who empathize with this view and aspire to the development of classical principles.

ABSTRACT: The current study was conducted to examine the differences between the three components of anxiety (cognitive, somatic, self-confidence) and performance of intercollegiate dressage riders during practice and competition situations.

Furthermore, the researcher aimed to explore the relationship between anxiety and performance within the same context. Nineteen intercollegiate dressage riders completed a performance task (a dressage test) during a practice and competition. Prior to each situation, the riders also completed the Revised Competitive State Anxiety Inventory-2 (CSAI-2R; Cox, Martens, & Russell, 2003). Paired Samples t-tests (p < .05) were used to compare anxiety levels between practice and competition. A great gift idea for people that love doing their favourite sport with passion! On 120 pages in size 6x9 on dot grid pattern you can enter results of training. Train hard and become the

best! Do your workout and bring yourself to the limit! You have no time for distraction. You love dressage. Get this great gift idea to focuss on your sport! Dressage training: Background and Tips All riders, whether competing or riding for pleasure, want to have a tractable, relaxed and motivated horse when they are ready to get into the saddle. This depends primarily on the riders' understanding of training and training methods. The more riders know about their horse's physiology and psyche, the better their understanding of these training methods. By following the practical advice in this book, riders will be able to achieve their desired training goals most efficiently, while at the same time handling their horses gently and keeping them physically and mentally sound. "Like the classic deadly sins, the seven deadly sins of dressage presented in this innovative guide-ignorance, timidity, pride, fear, gluttony, impatience, and sloth-wreak havoc on both rider and equine development and training. Calling attention to common mistakes and offering new strategies for avoiding age-old pitfalls, this manual addresses the philosophical issues of incorrect dressage training by examining each vice in depth. Using a touch of humor and sound advice, this guide comes complete with practical exercises, enlightening photographs, and useful information for becoming a better rider and person"-- ORGANIZER ALL IMPORTANT DETAILS FOR A DRESSAGE RIDER This dressage rider's organizer contains all the important forms for 2 horses such as: Horse Maintenance Farrier Smith Details, Trimming & Shoeing Records Saddle Fitter Details, Saddle Fitting / Adjustment Records Worming Records

Dental Records Vaccination Records Vet Details, Vet Visit Records Horse Physiotherapist Details, Horse Physiotherapist Records Horse Feeding Plans Goals Planning My Performance & Future Goals Horse's Performance & Future Goals Riding Lesson Notes Competition Records Test Scores Competition Records Tracker 1 Year Monthly Calendar Daily Horse Behavior Tracker Monthly Competition Journal Calendar with Habits Tracker Details: 6" x 9" size - Can be easily put in a purse or bag Durable Matte Cover Get your 1 Year Horse Dressage Rider's Journal - An Equestrian Planner and Calendar now! Provides information about dressage, a way to teach horses and riders to communicate and cooperate, discussing the history of dressage, the best breeds for dressage training, and dressage competitions. The Ethics and Passions of Dressage, Expanded Edition calls the reader to a re-dedication to the art of riding and the traditions of classical horsemanship. Charles de Kunffy challenges the reader to ask questions such as "Should competition challenge or reinforce classical horsemanship?" Furthermore, "What characteristics should be cultivated to transform the rider into a complete horse person? What are the individual's responsibilities to the preservation of classical horsemanship and academic equitation?" De Kunffy explains the true meanings of: non-confrontational riding and training, "on the bit," engagement, the development of the correct seat, and the use of hands and reins. He offers valuable advice on seeking instruction in classical dressage training. In the chapter entitled "Succinct Principles," de Kunffy doubles his single sentences kernels of wisdom from the first edition. This monumental

contribution to equestrian literature is embellished with even more carefully-selected images of equestrian statues than the original edition. The *Ethics and Passions of Dressage, Expanded Edition* also includes additional chapters, recommended for the serious equestrian wanting to be simultaneously challenged and inspired. This book is sure to reaffirm the rider's dedication to an ethical approach to classical dressage. "If you want to express the utter joy, the drive, the energy that takes you forward on your journey with horses, it is here in this book." -Sylvia Loch

In the last two decades there has been an explosion of research inspired by Michel Foucault's suggestion of a new concept, 'governmentality'. The distinctive feature of modern governmentality is that across all sorts of fields, rule is predicated upon the active subject as the vehicle through which—and by which—power is exercised. The appeal of governmentality is that, whether we are considering the workplace, the school or welfare regimes, it opens up new ways of looking at familiar institutions.

Foucault and Managerial Governmentality is about Michel Foucault's concept of governmentality. The novelty of this concept is that it looks at the ways that populations and organisations are imagined in ways that premise collective gains through expanding individual freedoms. Specifically, how are technologies of freedom devised that improve the overall performance—health, productivity, or parental responsibility—of a given population? Understanding the operation of technologies of control is a simple enough task, argues Foucault, but also one that

blinds us to the increasing prevalence of technologies of freedom. Foucault and Managerial Governmentality aims not just to locate this concept in Foucault's wider research project but to apply it to all sorts of management techniques. By applying governmentality to questions of management and organization we will also develop Foucault's original, somewhat sketchy concept. This book has three innovative narratives: an awareness of the historicity of the concept; the application of governmentality to specific forms of management means that we escape the temptation to read any and all forms of technology and organization as an expression of neoliberalism; and, finally, the interviews with Peter Miller and Nikolas Rose provide unique intellectual and personal insights into the development of the governmentalist project over the last thirty years. Societal views on animals are rapidly changing and have become more diversified: can we use them for our own pleasure, and how should we understand animal agency? These questions, asked both in theoretical discourses and different practices, are also relevant for our understanding of horses and the human-horse relation. *Equine Cultures in Transition* stands as the first volume to bring together ethical questions of the new field of human-horse studies. For instance: what sort of ethics should be developed in relation to the horse today: an egalitarian ethics or an ethics that builds upon asymmetrical relations? How can we understand the horse as a social actor and as someone who, just like the human being, becomes through interspecies relations? Through which methods can we give the horse a

stronger voice and better understand its becoming? These questions are not addressed from a medical or ethological perspective focused on natural behaviour, but rather from human acknowledgement of the horse as a sensing, feeling, acting, and relational being; and as a part of interspecies societies and relations. Providing an introductory yet theoretically advanced and broad view of the field of post humanism and human animal studies, *Equine Cultures in Transition* will appeal to students and researchers interested in fields such as human–animal studies, political sociology, animals and ethics, animal behaviour, anthropology, and sociology of culture. It may also appeal to riders and other practitioners within different horse traditions. Dressage is often seen as the most formal and controlled of the equine sports, following an ancient, standardized training progression. For philosopher and dressage instructor Dr. Sherry Ackerman, dressage is much more. It ? along with riding in general ? can be a transformational art and an avenue for reflection, exploration, and self-knowledge through which a rider can experience liberation from the individual, egoistic self. This second, revised edition of *Dressage in the Fourth Dimension* is a pioneer work in awakening ?dressage consciousness." Drawing on such diverse sources as sacred geometry, ancient Western and Eastern philosophies, and esoteric spirituality, Ackerman seeks to heal humanity's alienation from nature through riding. She points us toward the liberation from societal conditioning and normative thinking, and, ultimately, from our own egos. Her concept of the fourth dimension requires

us to leave the analytic, objective mind behind and enter into the mystery of inspiration. A short, unique, thought-provoking work that has enjoyed a word-of-mouth reputation among horse people for years, *Dressage in the Fourth Dimension* will challenge riders' assumptions about their horses and themselves. Unlock the myth and mystery surrounding the current horse training literature. Understand the reasons that make any horse training method work. Use the effective methods developed by research scientists that created the powerful tools of behavior modification that can help trainers and riders create successful horse performance. Learn the power of behavior modification that allows any horse behavior or training method to be explained. Create reasonable, achievable lessons for your horse. Create rider aids and cues that truly reward the horse. Increase desirable horse behavior while decreasing the undesirable. Learn step-by-step lessons to train horse behavior. *Behavior Modification for Horses* was written by a rider and trainer with over twenty-five years of experience working with the best riding masters in Europe. Patti Dammier brings the best expertise of both worlds: horse training and a professional background as an educator and researcher—an innovative approach that takes the work of scientists and explains behavior modification based on horses. It is time to move away from the trendy and quick-fix horse-training methods and learn the basic principles of behavior modification that teaches anyone to create a positive training environment and a method to obtain desirable behavior from horses. This book bridges theoretical gaps that exist between the meta-

concepts of memory, place and identity by positioning its lens on the emplaced practices of commemoration and the remembrance of war and conflict. This book examines how diverse publics relate to their wartime histories through engagements with everyday collective memories, in differing places. Specifically addressing questions of place-making, displacement and identity, contributions shed new light on the processes of commemoration of war in everyday urban façades and within generations of families and national communities. Contributions seek to clarify how we connect with memories and places of war and conflict. The spatial and narrative manifestations of attempts to contextualise wartime memories of loss, trauma, conflict, victory and suffering are refracted through the roles played by emotion and identity construction in the shaping of post-war remembrances. This book offers a multidisciplinary perspective, with insights from history, memory studies, social psychology, cultural and urban geography, to contextualise memories of war and their 'use' by national governments, perpetrators, victims and in family histories. In the 1970s, the sport of dressage was still in its infancy in the United States. Unlike the countries of Europe, there was neither an established tradition nor a written history to educate and inspire. A rider intent on learning the discipline had to be prepared to travel, to immerse himself in other cultures, and to care only for what those who had already mastered the art might teach him. Paul Belasik was this rider, intent on learning all he could about dressage methodology, and willing and able to

compare and contrast the various means for achieving related goals: beautiful movement, "lightness," connection between two beings. In these pages he shares a lifetime of searching and studying, both through stories of his own adventures and thoughtful essays on the subjects he has pondered during the years he has trained and ridden horses. Beginning in northern New York, and traveling to Portugal, and later, Vienna, Belasik serves as a tour guide of the various dressage "paths" he had the chance to explore, including the German system, the Portuguese art of equitation, and the revered institutions of the Spanish Riding School. Armed with the knowledge and experience he accrued over time, Belasik debates whether classical dressage and competition dressage are at all compatible. Then, he considers the role of mindfulness, how to become a good teacher, and how to be a good student in today's horse world, providing the guideposts needed to take dressage—and riding, in general—the next step forward. While they use different terms, both Pilates and dressage share an emphasis on the torso, or "Powerhouse" in Pilates-speak, and achieving core strength, good posture, and muscle flexibility. The goals of a Pilates program are often identical to what riders try to achieved in the saddle in the sport of dressage. The book shares three basic goals: to give the reader an introduction to Pilates and basic workout to do at home or on the horse, to help the rider understand and gain control over the engagement of her own spine, and to guide the rider toward using the knowledge gained through the practice of Pilates to help her find new ways to use her body to improve her riding. The exercises in the book have been

culled from the over 500 Pilates exercises and have been specifically chosen to best suit the needs of the dressage rider. Clear photos and detailed instructions clarify each exercise. Written with input of physical therapist Katrin Haselbacher, *Pilates for Dressage Riders* is required reading for any serious student of dressage. Janet Foy's expertise, fundamental solutions, good stories, and good humor are destined to bring out the best in dressage riders and their "not-so-perfect" horses everywhere. Thousands of riders pursue the sport of dressage across the globe, and the majority do so on a budget and with the horse they already have, or quite simply, the one they can afford. This means riders daily face the challenge of mastering one of the world's most esteemed equestrian pursuits on horses that may not be bred specifically for the task, or even if they have been, may not be top prospects for any number of reasons--behavior quirks, conformational impediments, age or soundness, you name it. International dressage judge, clinician, and riding coach Janet Foy has ridden many different horses in the course of her riding and horse training career--different size, shapes, colors, and breeds--to the highest levels of dressage competition. Now she has compiled her best tips for training and showing the horse you have (or the horse you love, despite his "faults") through the levels. With lists of common "imperfections and evasions" experienced when riding movements--from simple transitions and leg-yield to zig-zags, tempi changes, and piaffe--followed by training tips and creative ways to "perfect" the "imperfections."

Riders are bound to discover countless ways to apply Janet's advice to their dressage pursuits.

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